

# **E46 FRONT STRESS BRACE**

## **INSTALLATION**

### **TOOLS REQUIRED:**

13MM DEEP SOCKET  
3/8 DRIVE RACHET HANDLE  
19MM WRENCH  
10MM ALLEN TOOL  
8MM ALLEN TOOL

### **INSTALLATION TIME:**

0.5 Hour

**Front Stress Brace comes pre-assembled with left and right pods attached and AA logo facing front of car**

- Remove left and right pods and install to each shock tower area respectively**
- Torque 13mm nuts that attaches pod to 15 ft/lbs**
- Install strut brace supports to brace pods with 8mm allen bolts  
Do not tighten support to pods at this time**
- Install middle strut brace bar with 10mm allen bolts.  
10mm bolts are threaded, and must be tightened snug to 25 ft/lbs  
They must be torqued properly before attaching nuts**
- Attach 19mm nut to end of bolt. Tighten to 20 ft/lbs.**
- Torque 8mm allen bolts to 15 ft/lbs**
- Installation is complete.**